IFS UK Training Programme 2027

Please find below the outline schedule of IFS UK trainings for 2027, covering Levels 1 to 3. We hope this will help you plan ahead for 2027.

If you're applying for a Level 1 training, your application will be assessed against the Level 1 Admissions Criteria. We aim to notify you about the outcome of your application within three working days.

If you're applying for a Level 2 or 3 training, there will be a **lottery system** to admit participants to these levels in 2027. On the schedule for these trainings, you'll see the dates the lottery opens and closes and when you'll hear whether your application has been successful. On the date the lottery opens, the training will be posted on our Booking page where you'll find more information about the training, an online brochure and an application form.

For all levels… Make sure you don't miss out on applying for a course you're interested in: see 'How to apply' on page 5.

IFS Training Name	Training Staff	Training Dates & Cost*	Application Details
Level 1 (1623) Online	Carolina Abreu	11-14 January, 28-30 January, 19-21 May, 14-17 June Cost: £3,350*	**Apply now**
Level 1 (1624) Hybrid training: 1 module in Bristol, UK; 2 modules online	Sue Smith	15-18 February (online), 1-4 March (online), 5-10 May (Bristol) Cost: £3,910*	**Apply now**
Level 1 (1700) Hybrid training: 1 module in Dublin, **Ireland**; 2 modules online	Olivia Lester & Marie Tierney	8-13 March (Dublin), 8-11 April (online), 20-23 May (online) Cost: £3,910*	**Apply now** (We warmly welcome and encourage applications for this training from people from Ireland and those with Irish nationality.)

* On in-person training days, the price includes lunch and refreshments on each day. Prices are correct at the time of publishing; please refer to the individual course brochures for the most up-to-date prices.

IFS Training Name	Training Staff	Training Dates & Cost*	Application Details
Level 1 (1627) Online	Nick Austin	15-17 March, 20-23 March, 23-26 May, 29-31 May Cost: £3,350*	**Apply now**
Level 1 (1629) Online	Carolina Abreu	31 March-2 April, 5-8 April, 12-14 May, 1-4 June Cost: £3,350*	**Apply now**
Level 1 (1622) In-person in Bristol, UK, plus 2 days online	Liz Martins	25-30 April (Bristol), 7-8 June (online), 7-12 July (Bristol) Cost: £4,565*	**Apply now**
Level 1 (1625) In-person in Bristol, UK, plus 2 days online	Sue Smith	28 June-3 July (Bristol), 6-7 August (online), 9-14 September (Bristol) Cost: £4,565*	**Apply now**
Level 1 (1628) In-person in Bristol, UK, plus 2 days online	Nick Austin	1-6 September (Bristol), 15-16 October (online), 18-23 November (Bristol) Cost: £4,565*	Open for applications from: **19 January 2027**

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IFS Training Name	Training Staff	Training Dates & Cost*	Application Details
Level 1 (1630) Online	Carolina Abreu	4-7 October, 11-13 October, 14-16 November, 13-16 December Cost: £3,350*	Open for applications from: **9 February 2027**
Level 1 (1626) Online	Sue Smith	27-29 October, 1-4 November, 1-3 December, 6-9 December Cost: £3,350*	Open for applications from: **9 March 2027**
Level 2 (1632) Shame, Anxiety & Depression Online	Einat Bronstein	23-25 February, 28 February-2 March Cost: £2,400*	**Currently full** Reach out to info@ifstuk.co.uk for details on how you can be can be considered for a place if a cancellation occurs.
Level 2 (1633) Deepening & Expanding with IFS In-person in Bristol, UK	Osnat Arbel	8-12 August Cost: £2,580*	Lottery opens: **12 January 2027** Lottery closes: **24 January 2027** Final date to hear the outcome of your application: **5 February 2027**
Level 2 (1634) Intimacy from the Inside Out Online	Krissy Tingle & Maya Hanelin	30 September- 2 October, 21-23 October, 18-20 November, 10-12 December Cost: £2,600*	Lottery opens: **2 February 2027** Lottery closes: **14 February 2027** Final date to hear the outcome of your application: **26 February 2027**

* On in-person training days, the price includes lunch and refreshments on each day. Prices are correct at the time of publishing; please refer to the individual course brochures for the most up-to-date prices.

IFS Training Name	Training Staff	Training Dates & Cost*	Application Details
Level 2 (1701) Compassion for Addictive Processes: IFS, Addiction and Eating Disorders Online	Cece Sykes	11-15 October Cost: £2,300*	Lottery opens: **2 March 2027** Lottery closes: **14 March 2027** Final date to hear the outcome of your application: **26 March 2027** (Applications from Ireland and from those with Irish nationality will be prioritised for this training)
Level 2 (1631) Deepening & Expanding with IFS In-person in Bristol, UK	Liz Martins	8-12 November Cost: £2,580*	Lottery opens: **30 March 2027** Lottery closes: **11 April 2027** Final date to hear the outcome of your application: **23 April 2027**
Level 3 (1712) Online	Osnat Arbel	31 October- 4 November Cost: £2,400*	Lottery opens: **16 March 2027** Lottery closes: **28 March 2027** Final date to hear the outcome of your application: **9 April 2027**
Level 3 (1635) In-person in Bristol, UK	Chris Burris	31 July-4 August Cost: £2,532*	**Currently full** Reach out to info@ifstuk.co.uk for details on how you can be can be considered for a place if a cancellation occurs.

* On in-person training days, the price includes lunch and refreshments on each day. Prices are correct at the time of publishing; please refer to the individual course brochures for the most up-to-date prices.

So you don't miss out on applying for a course you're interested in, please see 'How to apply' on page 5.

How to apply for a Level 1, 2 or 3 training

1. Tell us which level of training you're looking for: use this register your interest form.
2. We'll notify you when a relevant training is about to open for applications.
3. Apply for a place on your chosen training via the Booking page. You can read an online brochure about the training from this page after applications open.
4. If you're applying for a Level 1 training, we'll aim to let you know the outcome of your application within three working days.

   If you're applying for a Level 2 or Level 3 training, we'll let you know whether we can offer you a place by a specific date after the lottery period closes.
5. If your application is successful, we'll request a deposit so you can secure your place.